

## **E-learning modules**

These e-learning modules are hosted by BMJ Learning, which has been built to meet the learning requirements of healthcare professionals. It has a continuing quality improvement cycle based on developing the site with users and is based on best learning practice. BMJ Learning offers over 1000 learning modules and has consistently high levels of usage and excellent feedback. They are confident that through a targeted marketing campaign using the available channels they can reach the number of healthcare professionals required for this learning initiative to be successful. They propose to conduct this targeted marketing campaign using techniques that have been proved to work for other BMJ products and services, and will provide a report on the usage of the modules, once established.

### **Alcohol and drug awareness**

It is estimated that 24% of adults in England drink a hazardous or harmful amount of alcohol, and studies show that the United Kingdom has among the highest rates of recorded illegal drug misuse in the western world. This module is designed to help practice nurses identify and manage patients with alcohol and drug problems. Link: [http://learning.bmj.com/learning/module-intro/managing-alcohol-and-drug-misuse-in-primary-care---a-guide-for-practice-nurses-.html?locale=en\\_GB&moduleId=10050427](http://learning.bmj.com/learning/module-intro/managing-alcohol-and-drug-misuse-in-primary-care---a-guide-for-practice-nurses-.html?locale=en_GB&moduleId=10050427)

### **Medications used in mental illness**

Many patients looked after in primary care will be prescribed medication for mental health problems. This module includes antipsychotic, antidepressant and mood stabilising medication. Practice nurses will learn about the mode of action, observing for side effects and helping patients to adhere to treatment. Part 1 - <http://learning.bmj.com/learning/module-intro/.html?moduleId=10050771> Part 2 - <http://learning.bmj.com/learning/module-intro/.html?moduleId=10050783>

### **Your patient's journey**

Primary care may only be a small part of the patient's journey in regard to a particular condition or illness. This module explains how care is commissioned in order to help nurses understand how this affects patients. It is hoped that they will be better able to refer or signpost to the appropriate agencies and be able to identify gaps in the care pathway. <http://learning.bmj.com/learning/module-intro/.html?moduleId=10051204>

### **Care planning**

People with long-term conditions should have a plan of care to help them self-manage. This module looks at the different approaches and designs of care plans in order that they can assist patients. [http://learning.bmj.com/learning/module-intro/.html?moduleId=10051489&locale=en\\_GB](http://learning.bmj.com/learning/module-intro/.html?moduleId=10051489&locale=en_GB)

### **Specific conditions**

This module gives a brief overview of some common mental health conditions that practice nurses might meet in primary care. It is hoped that the practice nurses will then have a better understanding of how these patients are affected in their day to day life. <http://learning.bmj.com/learning/module-intro/.html?moduleId=10051835>