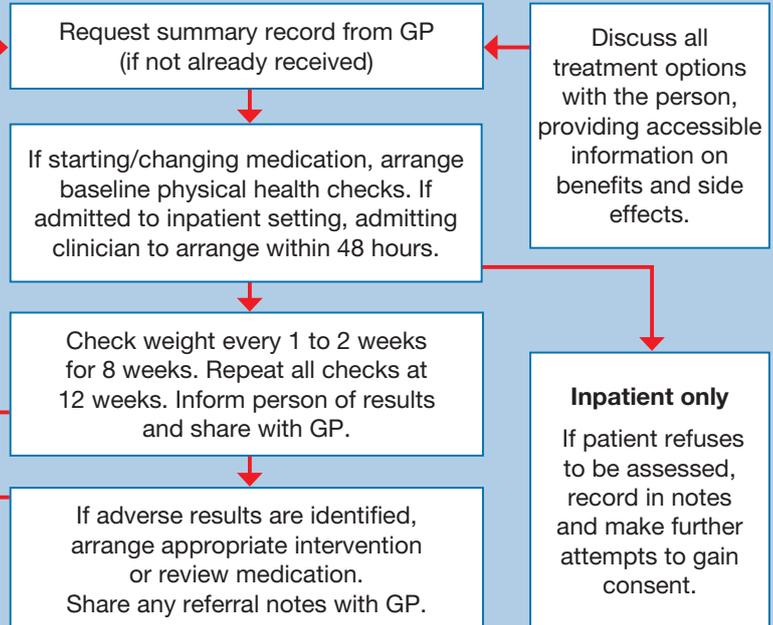
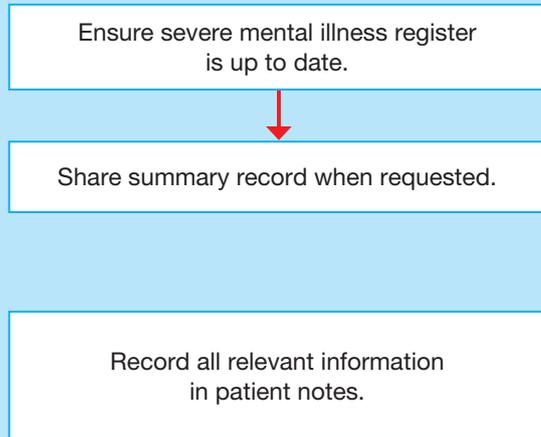


# Integrated Physical Health Pathway

## Primary care

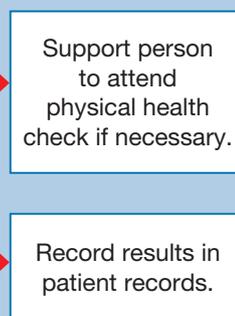
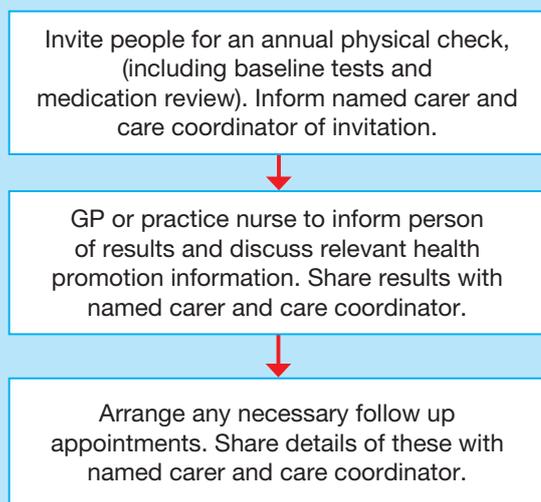
## Secondary mental health services

### Initiation of treatment or admission to inpatient setting



Responsibility for medication monitoring should transfer from secondary to primary care in line with locally agreed time frames. **If this transfer cannot take place, responsibility for monitoring and annual checks must remain with secondary care.**

### Annual Health Checks



### Baseline Physical Health Checks

Family history.  
Smoking status, exercise and diet.  
Weight and Body Mass Index.  
Blood pressure.  
Fasting estimates of plasma glucose (FPG) and/or HbA1c.  
Lipids (total cholesterol, LDL, HDL, triglycerides).  
Consider ECG (if history/family history of CVD, or if taking medication known to cause ECG abnormalities).

This list is taken from Lester et al. (2012) *Positive Cardiometabolic Health Resource: an intervention framework for patients with psychosis on antipsychotic medication*. Royal College of Psychiatrists. London. This is a list of core tests but others might be offered as appropriate, according to local policies.

### Care Programme Approach (CPA) Review

(Review of Coordinated Care)

